



# TRYGG

Preferred for a reason



## Helene

Mounting instruction

910209

1



Legg kjettingen bak/foran dekket med piggene opp og låsene mot dekket.

*Place the chain behind/front the tire with the studs up and the latches against the tire.*

2



Benytt et tau som henges fast i dekkets mønster eller tres igjennom felg. Lås i bane- og sidekjetting festes på tauet.

*Use a rope that is attached to the tread of the tire or threaded through the rim. Locks in the track and side chains are fastened on the rope.*

3

Kjør fremover/bakover og la kjettingen legge seg på. Se til at kjettingen blir strekt ut på sidene.

*Drive forward/backward and let the chain settle on the tire. Make sure the chain is stretched out on the side.*

4



Kjetting kobles først i bane, deretter sidekjetting på innsiden av dekket, etterfulgt av sidekjetting på utsiden av dekket.

*The tag chain is connected first, then the side chain on the inside of the tire, followed by the side chain on the outside of the tire.*

5



På noen av TRYGG Helene-modellene er den siste seksjonen avtakbar, slik at kjettingen kan tilpasses flere dekkdimensjoner. Siste seksjon fjernes der det er nødvendig.

*On some TRYGG Helene models, the last section is removable, allowing the chain to fit multiple tire sizes. The last section is removed when necessary.*

6



Kjettingen er ferdig montert.

*The chain is fully mounted.*



## **WARNING!**

### **IMPROPER USE CAN RESULT IN DEATH OR SERIOUS INJURY**

*ONLY use these chains as tire chains.  
NEVER use for towing, lifting, securing,  
or lashing.*

*DO NOT exceed 30 mph (50 km/h).  
Chains can break under tension  
causing hazardous projectiles and  
loss of vehicle control.*

*DO NOT operate with worn, damaged,  
or improperly installed chains.*

*DO NOT use tire chains on dry pavement  
or under conditions where snow or ice  
is not present, as this may cause tire  
damage or loss of control.*

*ALWAYS read and follow full safety  
instructions provided in the QR-code  
link.*

## **Thank you for choosing TRYGG!**

*TRYGG (Norwegian for “safe”) is a name  
that commits. Since 1939, we’ve pushed  
product development and innovation to  
deliver the safest and most user-friendly  
products.*

*Our sourcing and production methods  
ensure some of the world’s most envi-  
ronmentally friendly chains.*

*We hope you enjoy your new TRYGG tire  
chains!*

### ***Preferred for a reason***

Information  
regarding use,  
safety and warranty:



User manuals  
in more languages:



[www.trygg.no](http://www.trygg.no)

[www.nosted.com](http://www.nosted.com)